

Learning is recipe for success

Chef Kenny Miller works in one of Glasgow's most popular restaurants while going to college and doing a part-time counselling course.

The Blantyre man is currently working towards a National Qualification in Care at Stow College. He also goes to nearby Glasgow University every Wednesday evening to do a Counselling Skills course.

Kenny was delighted to find out he could use his ILA Scotland account towards the cost of the counselling course. "I couldn't have considered doing the course, without the ILA Scotland input. It simply wouldn't have been a possibility. But when I learned that the money was there and it could be used for the course I wanted to do, it was brilliant."

He added: "It took a lot of pressure off me. As the fees for the course could be paid over a period of time, it allowed me to pay the first lot that were due with the ILA Scotland voucher and save up for the rest."

The 42-year-old opted for the counselling course because of his own experiences and a desire to help others.

"I have had problems with drink and drugs in the past. I know that people sometimes just need to talk. What I had to learn – and this is where the course has been so good – was how to listen properly," said Kenny.

To find out about similar courses in your area go to the **Course Search** page or call the ILA Scotland helpline free on **0808 100 1090**.